

### Adventure For All

Supporting young people via the Pawprint Trust



Ready for another Too Cool For School adventure? This time we're staying at home and discovering fun and adventure right where we are!

When there's so much time and you're just not sure what to do; discover the fun hidden around your home and learn, play and discover something new!

We're here to banish boredom with the latest Too Cool For School challenge.

Proceeds from this badge and all the products in the Pawprint Family go towards helping young people take part in lots of adventures via the Pawprint Trust. Thank you for your support!

### Suggested challenges for different age groups:

3-5 Years: Complete at least 3 challenges each from different sections.

5-7 Years: Complete at least 4 challenges each from different sections

7-11 Years: Complete at least 5 challenges each from different sections.

11-14 Years: Complete at least 6 challenges each from different sections.

14-18 Years: Complete at least 7 challenges each from different sections.

18+ Years: Award yourself a badge for assisting young people in achieving their challenges.

All ages: Why not challenge yourself or have a competition with friends to complete as many challenges as possible?!

For even more programme ideas check out our 'Too Cool For Home' board over on www.Pinterest.com/PawprintFamily

Once completed head to the website to get your paws on your badges! www.PawprintFamily.com







Plan an imaginary trip.

Create your own jigsaws from wrapping paper/magazines.

Make your own dressing up outfits from recycled materials.

Discover and create your own family tree.

🔒 Watch a film.

Play a game of the floor is lava.

Have a go at finger knitting with string, wool or carrier bags.

Make your own 'bored jar' with ideas of things to do.

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Make an edible pond/aquarium with jelly and sweets.

Make a spaghetti bridge to hold a tin can.

Make your favourite sandwiches/meal.

Dye fabric using fruit and veg peels/natural materials.

Make colourful pasta jewellery.

Make wooden spoon characters and tell a story.

Create your own ice cream flavours by adding sweets/treats.

Bake a mug cake.

Make your own pizzas.

Have a go at vegetable printing.

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Create a bathroom routine poster and put it up.



Create your own fancy hand soap adding beads/sequins.



Make a bath raft racer.



Create art in the bath using bath crayons.



Build your own elastic band paddle boat.



Decorate your mirror with positive body image messages.



Learn about brushing your teeth and dental hygiene.



Build your own waterflow or marble run for bath time.



Find out about Archimedes the bathtub scientist.



Create your own crazy hair dos with gel or when washing.

# BIDROOM



Have a clear out and find items to donate.



Print photos and make a collage of family and friends.



Upcycle your clothes/socks/shoes.



Read a story under the covers with a torch.



Make a mobile to hang from your ceiling.



Customise hair clips or get creative with nail varnish.



Get organised and sort under your bed.



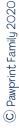
Have a sleepover.



Create a dream diary.



Write a blog.





- Have a go at cloud spotting what shapes can you see?
- Make a daisy chain.
- Blow bubbles and see how big you can make them.
- Paint with mud or natural objects.
- Create a tin foil river and sail boats down it.
- Create a nature table with things you can find.
- Make a butterfly/bird feeder.
- Design/create your own wind/weather vane.
- Play hoopla or test your lasso skills.
- Set off your own balloon or pop bottle rockets.

# INDOORS

- Make a clay tile with air dry clay.
- See how many items you can fit in a match box.
- fly paper planes.
- Buld a cardboard marble maze.
- Perform or create a magic trick.
- Have a go at microwave papier-mache.
- Make your own invisible ink and send secret messages.
- Find ways to save water/energy around the house.
- Get creative with salt dough.
- Make your own top trumps card game.

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# OUTDOORS



- Discover plants and animals and identify them on a walk.
- Build a hedgehog house.
- Create a mini nature reserve.
- Plant a tree.
- Draw with chalk on the path/pavement.
- Make a mini pond in a container.
- Create a mandala from found objects.
- Litter pick in your local area.
- Make your own sundial or nature mobile.
- Have a game of paper plate tennis.

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- Mix your own play dough and model with it.
- Make musical instruments from recycling and play a song.
- Create a recycled marble run.
- Paint or draw anything you like.
- Make a hovercraft with an old CD and a balloon.
- Papier-mache a piggy bank.
- Draw/create a paper doll and a wardrobe of clothes.
- Print with string.
- Build a puppet theatre.
- Decorate your own water bottle.

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- press up and have a disco at home.
- Create recycled outfits and have a fashion show.
- Hold an indoor/outdoor campfire and sing some songs.
- Create puppets and put on a show.
- Play board games.
- Learn or play a new card game together.
- Have a family movie night.
- Have a water fight (outdoors).
- Host a dinner party together and cook together.
- Make Christmas decorations to remember time together.

- Race water droplets, blowing them with straws.
- Paint with ice (freezing paint in ice cube trays).
- Pour water at an angle (down a string). Find out how online.
- Make music with glasses and water.
- Grow salt/sugar crystals in an at-home science experiment.
- Make your own paper.
- Try bubble painting or marbling.
- Play games with sponges and water.
- Make a slip and slide.
- Freeze your own ice lollies.



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# PAWPRINT \*\*BADGES

- Try stargazing, can you spot any constellations?
- Play glow stick noughts and crosses or hoopla.
- Have a midnight feast.
- Create and play with shadow puppets.
- Play tag with torchlight.
- See if you can spot any nocturnal creatures.
- Go on a night hike/walk.
- © Camp in your garden/outdoors.
- Tell a ghost story.
- Spend a night sleeping under the stars.

- Check out wildlife webcams online.
- Try wildlife/animal yoga.
- Build a bug hotel.
- Go birdwatching or see which birds you can see at home.
- Make a plaster cast of animal prints or model your own.
- Make a mini jungle in a jar.
- Create a small world wildlife/dinosaur park.
- Virtually visit the zoo/wildlife park.
- Plant bee-friendly plants.
- Create a toy for a pet.





- Have a go at painting.
- Learn how to tile a bathroom.
- Find out how to rewire a plug.
- Replace a fuse.
- Find out where your fuse box is and what it does.
- Make/build something from wood.
- Put together a piece of flat-pack furniture.
- W Upcycle a piece of old furniture.
- Do some basic plumbing or fix a leak.
- Learn how to use power tools safely.

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- Create your own coping strategies wheel.
- B Listen to music.
- Read a book.
- B Listen to a podcast/audio book.
- Take part in meditation.
- Start a diary or journal.
- Braw/sketch the world around you.
- Make a book cover.
- B Have a go at optical illusions.
- 汚 Take a nap.





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# PAWPRINT \*\*BADGES

- Create a newsletter to send to your friends.
- Design and make a postcard to send to friends/family.
- Take part in a virtual meeting with family/friends.
- Leave a note for your postie.
- Add a message to your window for passers by.
- Call a friend or family member to have a chat.
- Send a letter to a pen-pal.
- Write/draw and send to a local care home.
- Have a family debate.
- Share a story or read a book to a family member/friend.

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- Follow us on Facebook /PawprintFamily
- Follow us on Twitter @PawprintFamily
- Send us a photo of what you've been up to.
- Tweet us and share what you've been up to.
- Take a photo and tag us on Instagram @Pawprint\_Family
- Write a blog about your holiday adventures and share it.
- Tag us in a post on Facebook.
- Send us a video that we can share on our social media.
- #TooCoolForSchool in your posts.
- Write us a letter/send us a postcard! www.PawprintFamily.com

