

Recycle Challenge

Part of the Recycling Collection



Recycling is major news at the moment but it can all get a bit too confusing. So, it's time to clear up the confusion and save the planet!

The third in the recycling collection (and created in collaboration with Sisters Against Plastic and Victoria Staras) the Recycle Challenge packs in 40+ programme ideas to get you separating your plastic from your paper and making a BIG impact! Proceeds from this badge go towards helping Scouts and Guides from across the UK take part in lots of adventures via The Pawprint Trust. Thank you for your support!

Suggested challenges for different age groups:

- 5-7 Years : Complete 1 challenge from each of the 4 sections.
- 7-11 Years : Complete 1 challenge from each of the 4 sections + 1 more of your choice.
- 11-14 Years : Complete 1 challenge from each of the 4 sections + 2 more of your choice.
- 14-18 Years : Complete 1 challenge from each of the 4 sections + 3 more of your choice.
- 18+ Years : Award yourself a badge for assisting young people in achieving their challenges.

For even more programme ideas check out our 'Recycle' board over on
www.Pinterest.com/PawprintBadges

Once completed head to the website to get your paws on your badges!

www.PawprintBadges.co.uk

Craft

- Make a new bag from an old piece of clothing.
- Create a pen pot from an old bottle or drinks can.
- Design your own recycling symbol.

Did You Know?

The recycling symbol was created by college student Gary Anderson who won a design competition hosted by the Container Corporation of America for the first Earth Day in 1970. (www.businessinsider.com)

- Make a poster to show what you can recycle in your local area. Not all areas are the same. Check with your local council for details.
- Cut and collage old greetings cards to make new cards to give to friends and family.
- Host a recycled fashion show. Use old boxes, bags, etc. to create new outfits.
- Use old greeting cards to make small gift boxes. Why not make some simple no-cook truffles to go in them?
- Make your own eco-bricks and build a structure or some seating with them. Find out more at: www.ecobricks.org

What?

An Ecobrick is a plastic bottle packed with used, clean and dry plastic to make a building block that can be used over and over again. Ecobricks can also be packed with other un-recyclables that are toxic to the environment (i.e. styrofoam, wires, small batteries, etc.). (www.ecobricks.org/what/)

- Make your own recycling bins by attaching old bottles together to form a cylinder. Check out our Pinterest board for some ideas.
- Cut a t-shirt round in a spiral to make yarn. Use it to knit or crochet and make something useful.
- Melt down old candles or crayons to make new.
- Build your own compost bin.



Food

- Use old pie tins to make popcorn over a campfire.
- Cook scraps, veg peelings and chicken/beef bones to make your own stock for soup/cooking.
- Have a go at composting or building a wormery for your food waste.

For Leaders...

You can buy wormery kits online or have a go at making one yourself. Check out our Pinterest board for some inspiration.

- Fundraise and buy food for the local Food Bank.
- Use leftover veg to make soup before it goes off and can't be used.
- Make yourself some tasty croûtons from stale bread.

How?

Simply cut your bread in to cubes, mix with olive oil, garlic powder and dried herbs. Spread evenly on a baking tray and cook in the oven on a low heat until golden.

- Mash old bananas and freeze to make home-made ice cream.
- Regrow food from scraps. Veg such as carrots, celery and potatoes and even fruit like pineapple can be regrown from scraps.
- Make vegan meringues using chickpea water (aquafaba) that would usually go to waste.
- Save seeds from used fruit and vegetables and re-grow them again. Start your seeds in a compost-able pot made from an old toilet roll tube!
- Recycle used baked bean tins in to lanterns.
- Use all your cereal dust (the bits that get left in the bottom of the packet) to make cereal bars or crispy cakes for a plastic-free snack.
- Blind taste foods with their plastic-free alternatives. Can you taste the difference?



Games

- Have a relay race to see how fast you can sort the waste in to the correct recycling bins.
- Make a game from recycled materials and pitch to a panel of judges, Dragon's Den style.
- From a range of objects, see how quickly you can find the recycling logos, identify the type of plastic and sort them in to the correct groups.

For Leaders...

For these first few games, get your young people to collect items over a number of weeks so you have plenty to work with. After use, don't forget to recycle them correctly...we're sure your young people will remind you!

- Play a game of corners with each corner representing a different recycling bin. Call out items and get the group to run to the bin they think that item goes in.
- Use old pizza delivery boxes and make them in to your own, home-made game of battle ships.
- Make your own marble run from items in the recycling bin. How far can you get your marble to travel?

What?

Create towers and slides, holes and tunnels for your marbles to navigate. For younger ones create a tray with a maze to navigate through to develop gross and fine motor skills.

- Recycle and old favourite and play a game that you haven't done for ages! Why not go back through your previous Pawprint Badges challenge packs and find a game you really enjoyed or wanted to play but didn't.
- Find and play an age-appropriate, online game about recycling.
- Use old greetings cards to make jigsaw puzzles.
- Collect plastic bottle tops and use them to play naughts and crosses or four in a row.



Other

- Find out what the different recycling symbols mean and what the differences are between all the different types of plastics.
- Find out what you can recycle in your local area. Not happy about the range of items you can recycle? Write to your local councilor.
- Set up a specialist recycling point at your school or local meeting place. Find out more at: www.terracycle.com.
- Visit your local tip and find out what you can recycle there.
- Find out some facts and figures about recycling or watch a video.
- Visit your local recycling plant and see what happens to your waste.
- Set up an eco-council or recycling club to benefit your community.
- Complete a recycling quiz or word search.
- Create a mosaic in your community using recycled materials such as used bottle tops, old tiles and broken bottles. Remember to take care as some items may be sharp.
- Write to your local Member of Parliament and campaign for change.
- In the Staffordshire area? Invite Sisters Against Plastic to your meeting to find out more about their story!
- With special thanks to: Sisters Against Plastic** (Teresa Walters and Mary Strong) and **Victoria Staras** who helped make this challenge pack possible. Sisters Against Plastic went on a 'Plastic Diet' in 2018 and hit the headlines worldwide! Find them on Twitter [@SAPlastic2018](https://twitter.com/SAPlastic2018) and on Facebook [@SistersAgainstPlastic](https://www.facebook.com/SistersAgainstPlastic). Victoria Staras is a Brownie and Guide leader, a Peer Educator as well as a member of the GENE (Girl Guiding Essex North East) Radio show. She is currently working towards her Queen's Guide Award and running a project as part of Action For Change. Find Victoria on Instagram [@recycle_afc](https://www.instagram.com/recycle_afc) and Facebook [@recycleafc](https://www.facebook.com/recycleafc)
- Tweet us/tag us all in your photos on social media including [@PawprintBadges](https://twitter.com/PawprintBadges) and [#AdventureForAll](https://twitter.com/AdventureForAll)

